

## Epitact for Friars Balsam

Yes folks the old bottle of brown sticky stuff has been assigned to the rubbish bin. First conceived in a Scholl shop in Warrington it had accompanied me on many adventures not the least of which was all the Munro's, trekked many a Grand Radonne and made visits to both the Americas and the Himalaya. Happily it shall be no more. Last Easter I inadvertently forgot to pack it for the ski tour and naturally my feet suffered some of the worst blistering ever due to ill fitting new boots. Limping into a sports shop in Modane and asking for help resulted in the owner suggesting boot stretching which would take three days, his wife smiled and asked if I had ever tried Epitact a new product which was highly acclaimed in the mountaineering and sports press. At £18 a pack its no give away but this was a desperate situation as the trip was a 50/50 event i.e. LMC gents and ladies so I couldn't be letting the lads down could I? After applying it to my shredded feet I set off on a six hour skin up to the Refuge la Femme ..... Eureka! The stuff works wonderfully well. I won't mention the other agonies but will admit to needing a rest the next day. The main point being that thanks to Epitact I was able to enjoy the remainder of the tour and I cannot speak highly enough of it. This is certainly a five star advance in blister relief and well beyond other blister treatments I have used.

The product I used was Epithelium Gel Sheets by Epitact and these now seem to be readily available in sports shops and pharmacies through the Alps. For details of this and other Epitact products available in the UK see <http://www.feetlife.co.uk>

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